



 lejeunenewriver.usmc-mccs.org

 **MILITARY
ONESOURCE**

 militaryonesource.mil  800-342-9647

 **988 SUICIDE & CRISIS
LIFELINE**

 988lifeline.org  988



PROGRAM ABBREVIATION KEY



WHERE SHOULD I GO FOR HELP?

A QUICK-ACCESS GUIDE FOR HELPFUL
RESOURCES AVAILABLE ON YOUR INSTALLATION



WHERE SHOULD I GO FOR HELP?

A QUICK-ACCESS GUIDE FOR HELPFUL RESOURCES AVAILABLE ON YOUR INSTALLATION



24/7 HELP LINES



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| NR | | | | | | | | | | | | | | | | | | | | |
| PRIMARY CONCERN | | | | | | | | | | | | | | | | | | | | |
| ABUSE / NEGLECT | | | | | | | | | | | | | | | | | | | | |
| ALCOHOL / DRUGS | | | | | | | | | | | | | | | | | | | | |
| ANGER ISSUES | | | | | | | | | | | | | | | | | | | | |
| ANXIETY / PANIC | | | | | | | | | | | | | | | | | | | | |
| DEPLOYMENT / RELOCATION | | | | | | | | | | | | | | | | | | | | |
| DISASTER RECOVERY | | | | | | | | | | | | | | | | | | | | |
| FINANCES | | | | | | | | | | | | | | | | | | | | |
| GRIEF / DEATH | | | | | | | | | | | | | | | | | | | | |
| MARRIAGE & FAMILY | | | | | | | | | | | | | | | | | | | | |
| NUTRITION / FITNESS | | | | | | | | | | | | | | | | | | | | |
| PARENTING | | | | | | | | | | | | | | | | | | | | |
| RELATIONSHIPS | | | | | | | | | | | | | | | | | | | | |
| SADNESS / DEPRESSION | | | | | | | | | | | | | | | | | | | | |
| SEXUAL ASSAULT | | | | | | | | | | | | | | | | | | | | |
| SEXUAL HARASSMENT | | | | | | | | | | | | | | | | | | | | |
| SPECIAL NEEDS | | | | | | | | | | | | | | | | | | | | |
| SUICIDAL / HOMICIDAL | | | | | | | | | | | | | | | | | | | | |
| WORK / SCHOOL | | | | | | | | | | | | | | | | | | | | |

REPRESENTS 24/7 AVAILABILITY

SEE REVERSE SIDE FOR ABBREVIATION KEY